# Challenges and Lessons learned in setting up Mental Health Services for your Sport or Club

**Date: 3 April 2020**

**Venue: RSM Chandos House, London**

**This Mental Health meeting will be hosted by the EIS Mental Health Expert Team**

**Dr Rod Jaques OBE, Dr Craig Ranson** and the **EIS Mental Health Expert Team** are pleased to inform you of this meeting that has been developed with **MedEduCare.** This is an opportunity for practitioners working in performance sport to learn more about supporting mental health based on the UK High Performance System experience.

The meeting is aimed at senior SEMS and Sports Psychology professionals and is open to all working in this area

The day aims are to share and discuss several of the practical initiatives undertaken as part of the UK Sport & EIS Mental Health Strategy for the High-Performance System.

Presentation sessions will be covering:

- **Setting up a System for your Sport or Club with Dr James Bell, Mr Sam Cumming, Professor Alan Currie and Dr Guy Evans**
- **What does the Elite Sport MH Landscape look like? With Dr Sandra Leyland and Dr Tim Rogers**
- **What do you do when you have a MH problem patient? With Professor Alan Currie and Dr Amanda Gatherer**
- **Difficult cases with Ms Ann-Marie Davis, Dr Amanda Gatherer, Dr Allan Johnson and Dr Stuart Miller**

We will explore practical aspects of MH programmes with examples from high profile National Governing Bodies and the EIS Expert Team. There will be thoughts and presentations from key studies covering distress and well-being data analysis.

Would you like to know your options for screening and monitoring? Then we will be covering this during the day. Also, examples and dealing with difficult cases in practice with opportunities to discuss specifics in confidence within the closed parameters of the meeting.

**NOTE:** Dr Jaques and Dr Ranson will run this meeting under the **Chatham House Rule**, with all views expressed by attendees remaining confidential. Speaker presentations will not be distributed after the day and all attending will be asked to ensure mobile devices are turned to silent throughout sessions and not used to capture any images of presentation slides. Attendees will also be requested not to post comments on any social media platform relating to the content of this day. Your help with this will be greatly appreciated by Dr Jaques, Dr Ranson and the meeting organisers

**Early Bird Attendee Fee** is **£160** per delegate with a deadline date of **31 January 2020**
**Standard Booking Fee** is **£190** per delegate from **1st Feb 2020**

Booking forms are available from barryghill@hotmail.com and will be emailed to you by return with all requests being actioned in the order they are received

If, after reading this notice, you have any queries, please email Barry Hill at barryghill@hotmail.com

## Full meeting programme available at www.mededucare.com